







Stage
01
itinerary

DUBAI SILICON OASIS STAGE The Pointe - Dubai Silicon Oasis

km 148

Sunday, 23 February 2020

Elevation			Race transit	Road Closure
DUBAI				
	DUBAI - THE POINTE	↑ Start Village	1:00 PM	12:15 PM
	0 DUBAI - THE POINTE	↑ km 0	1:05 PM	12:30 PM
7.3	Umm Suqeim	↪ D63	1:15 PM	12:45 PM
12.9	E44 Interchange	↑ D63	1:22 PM	
18.8	E311 Interchange	↑ D63	1:31 PM	1:00 PM
24.1	E611 Interchange	↑ D63- Town Square- Al Qudra Rd.	1:39 PM	1:10 PM
	46.3 Al Qudra Cycle Path	↩	2:11 PM	1:40 PM
58.4	Bab al Shams	∩	2:27 PM	
70.4	Al Qudra Cycle Path	↑	2:44 PM	2:10 PM
91.5	Al Marmoon	↩ E66	3:15 PM	2:40 PM
98	Exit to E77	↩ E77	3:23 PM	2:50 PM
	111.6 Lahbab	↩ E44	3:42 PM	3:05 PM
134	Ins. D54	↩ D54	4:10 PM	3:30 PM
143.2	Silicon Oasis Entrance	↪	4:21 PM	3:45 PM
	148 DUBAI SILICON OASIS	↑	4:27 PM	

NOTE:

Intermediate Sprint:

km 46.3 Al Qudra Cycle Path

km 111.6 Lahbab

 Feed zone: km

 Tunnel: km

Level Crossing: km



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01

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DUBAI SILICON OASIS STAGE The Pointe - Dubai Silicon Oasis

km 148

Sunday, 23 February 2020

Elevation			Distance			Timetable		
			leg	run	to be run	km/h		
DUBAI								
42 44 46								
5	DUBAI - THE POINTE	↑ Start Village	1.8			13.00	13.00	13.00
3	DUBAI - THE POINTE	↑ km 0	0.0	0.0	148.0	13.05	13.05	13.05
4	Umm Suqeim	↪ D63	7.3	7.3	140.7	13.16	13.15	13.15
4	E44 Interchange	↑ D63	5.6	12.9	135.1	13.23	13.22	13.21
22	E311 Interchange	↑ D63	5.9	18.8	129.2	13.32	13.31	13.30
23	E611 Interchange	↑ D63- Town Square- Al Qudra Rd.	5.3	24.1	123.9	13.40	13.39	13.37
84	Al Qudra Cycle Path	↩	22.2	46.3	101.7	14.15	14.11	14.08
68	Bab al Shams	↪	12.1	58.4	89.6	14.31	14.27	14.23
85	Al Qudra Cycle Path	↑	12.0	70.4	77.6	14.49	14.44	14.40
124	Al Marmoon	↩ E66	21.1	91.5	56.5	15.21	15.15	15.09
82	Exit to E77	↩ E77	6.5	98.0	50.0	15.30	15.23	15.17
115	Lahbab	↩ E44	13.6	111.6	36.4	15.50	15.42	15.35
39	Ins. D54	↩ D54	22.4	134.0	14.0	16.19	16.10	16.01
30	Silicon Oasis Entrance	↪	9.2	143.2	4.8	16.30	16.21	16.12
22	DUBAI SILICON OASIS	↑	4.8	148.0	0.0	16.36	16.27	16.18


NOTE:

Intermediate Sprint:

km 46.3 Al Qudra Cycle Path

km 111.6 Lahbab

 Feed zone: km

 Tunnel: km

Level Crossing: km