








Stage
05
itinerary

AL AIN STAGE
Al Ain - Jebel hafeet
Thursday, 27 February 2020

km 162

Elevation			Race transit	Road Closure
ABU DHABI				
	AL AIN	↑ Start Village	12:25 PM	11:40 AM
	0.0 AL AIN	↑ km 0	12:30 PM	12:00 PM
	5.2 UAE University	↩ 138st - 131st	12:37 PM	12:10 PM
	15.9 Al Muraba Fort	↩ Othman Bin Affan St.	12:53 PM	12:20 PM
	24.6 Al Qattara	↑ 120 st	1:04 PM	12:30 PM
	32.2 Al Hili	↪ E95	1:16 PM	
	35.2 E66 Interchange	↑ E95	1:21 PM	12:45 PM
	66.9 Nahil	↪ E20	2:02 PM	1:30 PM
	87.3 Al Hiyar	↩ E66	2:33 PM	2:00 PM
	Feed zone: km 83 - 86			
	115.1 Al Foah	↑ E66	3:14 PM	2:30 PM
	119.2 E95 Interchange	↑ E66	3:19 PM	2:45 PM
	128.6 Hazza Bin zayed Stadium	↑	3:31 PM	2:50 PM
	136.2 Al Ain zoo	↪	3:41 PM	3:00 PM
	148.6 Green Mubazzarah	↪	3:56 PM	3:15 PM
	151.5 Jebel Hafeet Rd	↪ start climb	4:00 PM	3:20 PM
	162.0 JEBEL HAFEET	↑	4:28 PM	3:30 PM

NOTE:



Intermediate Sprint:

km 24.6 Al Qattara

km 148.6 Green Mubazzarah



Feed zone: km 83 - 86







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Elevation			Distance			Timetable		
			leg	run	to be run	km/h		
ABU DHABI								
267	AL AIN	↑ Start Village	0.8			12.25	12.25	12.25
267	AL AIN	↑ km 0	0.0	0.0	162.0	12.30	12.30	12.30
250	UAE University	↩ 138st - 131st	5.2	5.2	156.8	12.37	12.37	12.37
291	Al Muraba Fort	↩ Othman Bin Affan St.	10.7	15.9	146.1	12.54	12.53	12.52
281	Al Qattara	↑ 120 st	8.7	24.6	137.4	13.06	13.04	13.03
283	Al Hili	↩ E95	7.6	32.2	129.8	13.18	13.16	13.14
288	E66 Interchange	↑ E95	3.0	35.2	126.8	13.23	13.21	13.18
223	Nahil	↩ E20	31.7	66.9	95.1	14.06	14.02	13.58
Feed zone: km 83 - 86								
295	Al Hiyar	↩ E66	20.4	87.3	74.7	14.39	14.33	14.27
296	Al Foah	↑ E66	27.8	115.1	46.9	15.22	15.14	15.06
288	E95 Interchange	↑ E66	4.1	119.2	42.8	15.27	15.19	15.11
267	Hazza Bin zayed Stadium	↑	9.4	128.6	33.4	15.40	15.31	15.23
263	Al Ain zoo	↩	7.6	136.2	25.8	15.50	15.41	15.32
263	Green Mubazzarah	↩	12.4	148.6	13.4	16.06	15.56	15.47
312	Jebel Hafeet Rd	↩ start climb	2.9	151.5	10.5	16.10	16.00	15.51
1025	JEBEL HAFEET	↑	10.5	162.0	0.0	16.40	16.28	16.16

NOTE:

-  Intermediate Sprint:
km 24.6 Al Qattara
km 148.6 Green Mubazzarah
-  Feed zone: km 83 - 86
-  Tunnel: km
-  Level Crossing: km