### Stage 01

**Itinerary**

#### ADNOC STAGE

**Al Dhafra Castle - Al Mirfa**

**Sunday, 21 February 2021**

<table>
<thead>
<tr>
<th>Elevation</th>
<th>Distance</th>
<th>Timetable</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>leg</td>
<td>run</td>
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<tr>
<td>ABU DHABI</td>
<td></td>
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<tr>
<td>105</td>
<td>AL DHAfra CASTLE</td>
<td>† Start Village</td>
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<tr>
<td>100</td>
<td>AL DHAfra CASTLE</td>
<td>† km 0</td>
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<tr>
<td>96</td>
<td>Roundabout w Hamama Rd.</td>
<td>† Al Dhafra Rd.</td>
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<tr>
<td>117</td>
<td>Zayed City Entrance</td>
<td>‼ Al Bday’ah St.</td>
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<tr>
<td>115</td>
<td>Zayed City</td>
<td>‼ E45-al Maraby st</td>
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<tr>
<td>116</td>
<td>Roundabout w E13</td>
<td>† M. Al Falahi Al Yasi Rd.</td>
</tr>
<tr>
<td>92</td>
<td>Habshan Camp</td>
<td>† M. Al Falahi Al Yasi Rd.</td>
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<td></td>
<td>E11 entrance</td>
<td>‼ E11</td>
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<tr>
<td>8</td>
<td>Exit to Al Harmiyyah</td>
<td>‼ Al Dajeej St.</td>
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<tr>
<td>8</td>
<td>Al Harmiyyah</td>
<td>‼ Barqa Al Harmiyyah St.</td>
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<td>8</td>
<td>Al Mirfa Circuit Entrance</td>
<td>‼ Al Shaheed Ahmed Khamis Al Hamm</td>
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<td>7</td>
<td>AL MIRFA</td>
<td>† Qassar Al Mighayra St.</td>
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<td>U-Turn</td>
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**NOTE:**

Intermediate Sprint:

- km 64.4 Habshan Camp
- km 138.4 AL MIRFA